

# Proofpoint Essentials— Security Awareness Training Modules

## KEY BENEFITS

- Address a variety of learning styles with interactive and game-based formats.
- Minimize work disruption with five- to 15-minute lessons.
- Let users take training anytime, anywhere, on any connected device.
- Conform to the U.S. Section 508 standard and the Web Content Accessibility Guidelines (WCAG) 2.0 AA standard.
- Engage employees around the globe with professionally translated and localized content. Modules are available in more than 35 languages.
- Ensure training is relevant and up to date with continuous updates.

Proofpoint Essentials—Security Awareness takes a unique approach to cybersecurity education for SMBs. Our training modules, based on proven learning science principles, change behavior and reduce risk. Our interactive training modules help you deliver the right training to the right people at the right time. They are continuously updated and cover a wide range of topics.

## MODULES INCLUDED WITH PROOFPOINT ESSENTIALS— SECURITY AWARENESS TRAINING

### Securing Your Email—Fundamental Series

#### Introduction to Phishing

Teaches how to recognize email traps and avoid phishing scams.

#### Avoiding Dangerous Attachments

Focuses on how to identify and avoid dangerous email attachments.

#### Avoiding Dangerous Links

Explains how to avoid common email traps and dangerous links.

#### Data Entry Phishing

Teaches how to identify and avoid scams that request personal or sensitive data.

## Password Protection Series

### Beyond Passwords

Explains how to use PINs and passphrases to secure devices and accounts.

### Multi-Factor Authentication (MFA)

Focuses on how to add an extra level of security to accounts with multi-factor authentication.

### Password Management

Explores how to use best practices and strategies to safely manage passwords.

### Password Policy

Teaches how to create passwords that comply with your company's policy.

## Additional Training

### Email Security

Teaches how to identify phishing emails, dangerous attachments and other email scams.

### Mobile Device Security

Explains how to protect devices and data with physical and technical safeguards.

### Safe Social Networking

Shows how to use social networks safely and responsibly.

### Security Essentials

Explores security issues commonly encountered in daily business and personal activities.

### Social Engineering

Teaches how to recognize and avoid social-engineering scams.

### Safer Web Browsing

Focuses on how to stay safe on the internet by avoiding risky behavior and common traps.

## LEARN MORE

For more information, visit [proofpoint.com](https://www.proofpoint.com).

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### ABOUT PROOFPOINT

Proofpoint, Inc. (NASDAQ: PFPT) is a leading cybersecurity company that protects organizations' greatest assets and biggest risks: their people. With an integrated suite of cloud-based solutions, Proofpoint helps companies around the world stop targeted threats, safeguard their data, and make their users more resilient against cyber attacks. Leading organizations of all sizes, including more than half of the Fortune 1000, rely on Proofpoint for people-centric security and compliance solutions that mitigate their most critical risks across email, the cloud, social media, and the web. More information is available at [www.proofpoint.com](https://www.proofpoint.com).

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